



Weston Recreation Fall 2020 Programs

Register beginning Monday, September 21, 2020
at 10:00am **unless otherwise noted**
@ payment.westonmass.org

There will be **NO bus transportation** for the fall. Only participants are allowed in the building, therefore, please follow the procedures below for children's drop off and pick up:

DROP OFF: Please walk children to the upper level front doors where Recreation staff will take attendance and escort children into the building.

PICK UP: Please wait outside upper level front entrance. Recreation staff will escort children from the building at the end time of their program.

All programs meet at the Weston Community Center unless otherwise noted.



Only Online Registrations are being accepted for the fall.

Go to www.westoma.gov > online services > Register for Recreation Programs > online registration site. Enter username and password if you're a returning user. If you haven't set up your online account enter your home phone number in both username and password fields. Complete the information requested on the next screen and proceed with registration. First time registering for any Recreation program, click on need an account, complete required information and submit. You will receive an email within 48 hours confirming that your household information has been imported into our system. You will then be able to register for Recreation programs. Give us a call at 781-786-6260 if we may assist you.

Refund Policies:

Program Withdrawals:

A refund less a \$25 administrative fee will be issued for each withdrawal once a program registration has been made. To eligible for a refund, The Recreation office must be notified five (5) business days prior to the program start date during our regular business hours which are Monday through Friday, 8:30am-4:30pm.

Youth & Preschool Programs Pages 2-7

Youth One Day Programs Page 8

Adult Programs Pages 9-10



Preschool and Youth Programs

Awesome Art! - 4 weeks

#21250

Instructor: Beth Meditz

Get yourself unplugged with “hands on” and “hands in” ART activities. Sometimes messy, sometimes not, but always fun and creative. Each class the artists will be presented with a starter base and develop their own vision of creations by choosing from a wide variety of materials. The “fun factor” is built into this class.

Grades K-3

Sec A: Thursdays 10/1/20-10/22/20 | 4:00-5:00pm

Sec B: Thursdays 11/5/20-12/3/20 | 4:00-5:00pm

NO CLASS NOVEMBER 26, 2020

FEE: \$100

Budding Artist - 4 weeks

#21251

Instructor: Beth Meditz

This program will engage children in a unique “hands on” and “hands in” experience through creative and new activities. Budding artists will create their own artwork that will expand their thinking and learning skills. Please bring a take it home bag!

Ages 2-4

Sec A: Tuesdays 9/29/20-10/20/20 | 10:45-11:30am

Sec B: Thursdays 10/1/20-10/22/20 | 10:45-11:30am

Sec C: Thursdays 10/1/20-10/22/20 | 1:00-1:45pm

Sec D: Tuesdays 11/10/20-12/1/20 | 10:45-11:30am

Sec E: Thursdays 11/5/20-12/3/20 | 10:45-11:30am

Sec F: Thursdays 11/5/20-12/3/20 | 1:00-1:45pm

NO CLASS NOVEMBER 3, 2020

NO CLASS NOVEMBER 26, 2020

FEE: \$100

All programs follow Phase 3 Step 1 MA Guidelines. Please bring a mask and hand sanitizer.

Do not register or attend if you are experiencing a fever, cough, sore throat, lost in sense of taste or smell, or have been in contact with someone diagnosed with Covid-19 or have been diagnosed with Covid-19.

*Archery - 4 weeks

#21252

Instructor: On the Mark Archery

Grades 4 and Up

Sec A: Mondays 9/21/20-10/19/20 | 4:00-5:00pm

NO CLASS OCTOBER 12, 2020

FEE: \$175

Location: Field School Field

***Register beginning
Thursday, 9/17/20 at
10:00am**

Chess for Kids - 4 weeks

#21254

Instructor: James Della Selva

Chess is a game that can be approached as a sport, a science, and an art form. Class will consist of instruction and play. Students will study master instructive games and techniques that are designed to improve their game.

Grades K-5

Sec A: Wednesday 9/30/20-10/21/20 | 4:00-5:00pm

Sec B: Thursdays 10/1/20-10/22/20 | 3:45-4:45pm

Sec C: Wednesday 11/4/20-12/9/20 | 4:00-5:00pm

Sec D: Thursdays 11/5/20-12/3/20 | 3:45-4:45pm

NO CLASS NOVEMBER 11, 2020

NO CLASS NOVEMBER 25, 2020

NO CLASS NOVEMBER 26, 2020

FEE: \$85



Preschool and Youth Programs

*Beginner Tennis Lessons w/Teresa- 4 Weeks

#21253

Instructor: Teresa Pereira

Grab your tennis racquets and get ready to join Teresa as she breaks down the fundamental skills of tennis. Through easily understood games and exercises to improve the overall coordination and technique. Players will learn proper grips, footwork, strokes, volleys, and serves.

Ages 8-12

Sec A: Wednesdays 9/23/20-10/14/20 | 3:30-4:15pm

FEE: \$75

Location: Burchard Park

*Register beginning
Thursday, 9/17/20 at
10:00am

Cross Country - 6 weeks

#21255

Instructor: Matt Cedrone

Cross-Country for Youth is a unique fitness program that introduces young people to the sport of cross-country running. This is a program for boys and girls who enjoy running and want to improve their abilities. By reaching small milestones throughout the course of the program, the children's self-confidence will increase in tandem with their ability to run further distances and improve their times.

Grades 4-8

Sec A: Thursdays 10/1/20-11/5/20 | 4:00-5:30pm

FEE: \$125

Location: Burchard Park

Gymnastics - 4 weeks

#21258

Instructor: Dotty Martin

Everybody loves to be upside down, to learn new tricks, and bounce around from mat to mat. You can learn handstands and backflips, Miss Dotty will show you how! All levels welcome.

Grades K-4

Sec A: Wednesdays 9/30/20-10/21/20 | 3:45-4:45pm

Sec B: Wednesdays 11/4/20-12/9/20 | 3:45-4:45pm

NO CLASS NOVEMBER 11, 2020

NO CLASS NOVEMBER 25, 2020

FEE: \$95

*GET MOVING Fitness Fun w/ Teresa 4 weeks

#21256

Instructor: Teresa Pereira

During the time of remote learning when so many kids will be spending a lot of time in front of screens, it is important for them to get out and play! Kids who enjoy sports and exercise tend to stay active throughout their entire lives. Staying fit can improve how kids do at school, build self-esteem, prevent obesity, and many other health issues. Join Teresa for an hour of fun games and fitness!

Ages 6-10

Sec. A: Wednesdays 9/23/20-10/14/20 4:30pm-5:30pm

FEE: \$80

Location: Burchard Park

Guitar for Beginners - 4 weeks

#21257

Instructor: Go Go Allegro

This exciting beginners guitar course will introduce students to fundamental technique and knowledge of the instrument, general musicianship and introductory level of music. Please bring guitar to class, other materials will be provided. For questions, please contact direc-tor@gogoallegro.com

Grades 1-5

Sec A: Mondays 10/5/20-11/9/20 | 4:00-5:00pm

Sec B: Mondays 11/16/20-12/7/20 | 4:00-5:00pm

NO CLASS OCTOBER 12, 2020

NO CLASS NOVEMBER 2, 2020

FEE: \$95



Preschool and Youth Programs

Little Athletes - 4 weeks

#21259

Instructors: Be Ahead of the Game, LLC

Children will have tons of fun all while learning new games and sports. Creative movement, balls, hula hoops and music will be used throughout the sessions. All games and drills will be age appropriate and are great opportunities to have fun and learn in a non-competitive environment.

Ages 3-6

Sec A: Mondays 10/5/20-11/9/20 | 1:00-1:45pm

Sec B: Mondays 11/16/20-12/7/20 | 1:00-1:45pm

NO CLASS OCTOBER 12, 2020

NO CLASS NOVEMBER 2, 2020

FEE: \$85

Location: Field School Field

Little Kickers - 6 weeks

#21260

Instructors: Be Ahead of the Game, LLC

This clinic will introduce your child to the world's most popular sport while focusing on having fun and learning the basic skills and drills while developing your child's confidence. The clinic is a great place to have fun, learn new skills and meet new friends in a no pressure environment.

Ages 3.5-5

Sec A: Tuesdays 9/29/20-11/3/20 | 1:00-1:45pm

FEE: \$140

Location: Alphabet Field

Pre-K Karate - 4 weeks

#21261

Instructors: Rocky and Wendy DiRico

Taught by world-renowned martial art educator, Professor Rocky DiRico. With our 40 years' experience, Mr. DiRico is well known for his children's' programs, in which he utilizes a positive approach to help students improve their self-confidence and to always try their best. Students will learn the importance of physical exercise and stretching and will learn the basic karate skills, forms (kata), non-contact sparring and self-defense. Mr. DiRico makes classes fun while stressing the importance of being serious and always trying your best.

Ages 3-5

Sec A: Tuesdays 9/29/20-10/20/20 | 2:00-2:45pm

Sec B: Tuesdays 11/10/20-12/1/20 | 2:00-2:45pm

Sec C: Thursdays 10/1/20-10/22/20 | 2:00-2:45pm

Sec D: Thursdays 11/5/20-12/3/20 | 2:00-2:45pm

FEE: \$100

NO CLASS NOVEMBER 3, 2020

NO CLASS NOVEMBER 26, 2020

Karate - 4 weeks

#21262

Instructors: Rocky and Wendy DiRico

Taught by world-renowned martial art educator, Professor Rocky DiRico. With our 40 years' experience, Mr. DiRico is well known for his children's' programs, in which he utilizes a positive approach to help students improve their self-confidence and to always try their best. Students will learn the importance of physical exercise and stretching and will learn the basic karate skills, forms (kata), non-contact sparring and self-defense. Mr. DiRico makes classes fun while stressing the importance of being serious and always trying your best.

Grades K-5

Sec A: Tuesdays 9/29/20-10/20/20 | 3:30-4:30pm

Sec B: Tuesdays 11/10/20-12/1/20 | 3:30-4:30pm

Sec C: Thursdays 10/1/20-10/22/20 | 3:30-4:30pm

Sec D: Thursdays 11/5/20-12/3/20 | 3:30-4:30pm

FEE: \$100

NO CLASS NOVEMBER 3, 2020



Preschool and Youth Programs

Puddlestompers Child/Adult Program- 6 weeks

#21263

Come explore the wonders of Mother Nature this fall with your young naturalist! Call out to birds getting ready for their southerly migrations. Search for insects hiding on the forest floor. Collect acorns for a squirrel feast! Twist and turn as you act out a leaves path and learn why they turn beautiful colors. Weekly classes include hands on nature exploration, active movement and play, snack and a story.

Ages 2.5-5

Sec A: Thursdays 10/1/20-11/5/20 |9:30-10:25am

FEE: \$150

Location: Case Estates

Puddlestompers - 6 weeks

#21264

Come explore nature after school! Explore active winter animals and discover who is hibernating. Peek inside animal skulls and feel real animal fur! We will use hands on exploration activities, active movement and play, crafts and stories to investigate the natural world around us.

Ages 6-8

Sec A: Thursdays 10/1/20-11/5/20 | 3:30-4:30pm

FEE: \$150

Location: Case Estates

Super Science Kids - 5 weeks

#21266

Instructor: Diane Benson, M.Ed.

Come on a learning journey! All experiments are hands-on, engaging and FUN! Everything you make you take home to share/show what you did with your family! Some experiments may include. Glow in the Dark Slime, Sink or Float Snow Globes and much more!

Sec A: Ages 4-6 Mondays 11/16/20-12/14/20

2:00-3:00pm

Sec B: Grades K-3 Mondays 11/16/20-12/14/20

3:30-4:30pm

NO CLASS OCTOBER 12, 2020

NO CLASS NOVEMBER 2, 2020

FEE: \$150

*Red Ball Tennis - 6 weeks

#21265

Instructor: Red Ball, Inc.

The Red Ball Tennis Program is a USTA tennis lesson program specifically designed for children ages 8 & under.

Sec A: Ages 4.5-5.5 Sundays 9/20/20-10/25/20

2:30-3:15pm **FEE:** \$125

Sec B: Ages 5.5-7 Sundays 9/20/20-10/25/20

3:15-4:00pm **FEE:** \$125

Sec C: Ages 7-8 Sundays 9/20/20-10/25/20

4:00-5:00 **FEE:** \$135

Location: The Longfellow Club

*Register beginning Thursday, 9/17/20 at 10:00am

Tumble Kids - 4 weeks

#21267

Instructor: Dotty Martin

Learn about the body in motion in a fun, exciting and adventurous way. Try out this great gym class with a twist. Discover different ways to move through yoga, stretching and gymnastics. Learn about activating different muscles that you never knew you had! Come join us for a fun workout!

Ages 3-5

Sec A: Wednesday 9/30/20-10/21/20 | 2:30-3:15pm

Sec B: Wednesday 11/4/20-12/9/20 | 2:30-3:15pm

FEE: \$95

NO CLASS NOVEMBER 11, 2020

NO CLASS NOVEMBER 25, 2020



Preschool and Youth Programs

Super Sports - 4 weeks

#21268

Instructor: Be Ahead of the Game, LLC

Super Sports will concentrate on introducing a variety of sports and the basic skills needed to play them. You will learn a proper warm up and stretching along with their rules and tactics. Cooperation and teamwork will be the focus all while having fun!

Grades K-5

Sec A: Monday 10/5/20-11/9/20 | 3:30-4:30pm

Sec B: Monday 11/16/20-12/7/20 | 3:30-4:30pm

NO CLASS OCTOBER 12, 2020

NO CLASS NOVEMBER 2, 2020

FEE: \$95

Location: Field School Field

Wicked Cool for Kids- Deep Blue Sea-5weeks

#21269

If you've ever wanted to be a marine biologist or oceanographer, come take the plunge into the Deep Blue Sea! Create models of ocean invertebrates and a dazzling coral garden. Dive deep with dolphins and find out about fish bioluminescence. Tame the tides and ride the waves in this wicked cool oceanic adventure.

Grades 2-5

Sec A: Tuesday 11/3/20 -12/8/20 | 3:45-4:45pm

FEE: \$165

Youth Golf Lessons - 5 weeks

#21270

Instructor: Wayland Country Club

Sec A: Ages 8-10 Thursdays 9/17/20-10/15/20

3:00-4:15pm

Sec B: Ages 11-14 Thursdays 9/17/20-10/15/20

4:15-5:30pm

NO CLASS OCTOBER 8, 2020

FEE: \$175

Location: Wayland Country Club

Young Engineers - 5 weeks

#21271

Instructor: Diane Benson, M.Ed.

Design, Build, Test and Improve....Do you like using your imagination to build things that solve problems? Join in on the fun and take part in (and take home) some great engineering projects you are sure to enjoy! Examples include: Balloon-powered car, catapult, and more! Everything you create, you will take home to share with your family and friends!

Sec A: Ages 4-6 Mondays 10/5/20-11/9/20 2:00-3:00pm

Sec B: K-3 Mondays 10/5/20-11/9/20 | 3:30-4:30pm

NO CLASS OCTOBER 12, 2020

FEE: \$150



One Day Youth Programs

REFUND POLICY: Five (5) business days notice must be given to receive a refund for these programs.

Please call during our regular business hours which are Monday through Friday, 8:30am—4:30pm. 781-786-6260 Thank you.

No School LEGO Adventures

#21272

Instructor: Diane Benson, M.Ed.

Design, build, create and PLAY! This class will help foster individual creativity along with pure childhood enjoyment! Each day will be a different LEGO challenge and theme. The LEGO's will stay but the memory will last a lifetime! Participants will go home with a framed photo of themselves with their LEGO creation to show off! LEGO's will not be shared with other children in the class and will be disinfected after each use. Please send your child with an allergy friendly snack and drink.

Ages 5-10

Sec A: Super Heroes & Local Heroes
Monday 9/28/20 | 10:00-12:15pm

Sec B: Halloween Trick or Treat
Monday 10/12/20 | 10:00-12:15pm

Sec C: Jurassic World
Wednesday 11/11/20 | 10:00-12:15pm

FEE: \$55

Pint-Sized Crafts

#21273

Instructor: Diane Benson, M.Ed.

Girls and Boys bring along your favorite stuffed animal or 18" doll from home and come create so FUN! Each child will make and take home different small items that will lead to play and enjoyment at home! All items are scaled to 18". Please send your child with an allergy friendly snack and drink.

Ages 5-10

Sec A: Virtual Learning Desk
Monday 9/28/20 | 1:15-3:45pm

Sec B: Little Chef
Monday 10/12/20 | 1:15-3:45pm

Sec C: Slumber Party
Wednesday 11/11/20 | 1:15-3:45pm

FEE: \$65

781-781-786-6260

Cookies for Santa

#21274

Instructor: Diane Benson, M.Ed.

Let's get baking and make Santa something special this year with some kid-made cookies! He is sure to appreciate the snack break as he travels around the world! Please note: eggs and dairy will be used in this class.

Grades K-4

Sec A: Monday 12/21/20 | 3:00-5:00pm

FEE: \$70

LEGO Ornaments

#21275

Instructor: Diane Benson, M.Ed.

Create one-of-a-kind LEGO ornaments designed by YOU! Maybe a penguin, a rainbow, a present, a gingerbread man? The choice is yours and the possibilities are endless. All of the ornaments you design and create you will take them home to enjoy for years to come. Terrific memories for 2020!

Grades K-4

Sec A: Sunday 12/13/20 | 1:00-3:00pm

Sec B: Monday 12/14/20 | 3:00-5:00pm

FEE: \$80

Design a Gingerbread House

#21276

Instructor: Diane Benson, M.Ed.

Design an edible home that will enhance your home decor and impress your friends and family. Using frosting, candies, and other fun treats, you will be shown creative ways to decorate and landscape your edible home. Houses are pre-assembled and will be ready to decorate. Please notify the instructor if your child has any food allergies. Please note: Some candies used in class may be made in a factory that also uses nuts.

Grades K-4

Sec A: Wednesday 12/16/20 | 3:30-5:00pm

FEE: \$80



Adult Tennis & Pickleball Programs

Beginner Tennis

#21545

Sec A: Thursdays 9/17/20 – 10/22/20 | 1:00-2:30pm

FEE: \$200

Location: The Longfellow Club

Adv. Beginner Tennis

#21546

Sec A: Tuesdays 9/15/20 – 10/20/20 | 1:00–2:30 pm

FEE: \$200

Location: The Longfellow Club

Cardio Tennis

#21547

Sec. A: Mondays 9/14/20 – 10/19/20 | 11:00am-12:00pm

Sec. B: Fridays 9/18/20-10/23/20 | 11:00am—12:00pm

FEE: \$125

Location: The Longfellow Club

Tennis- Singles Strategy

#21548

Sec. A: Wednesdays 9/16/20-10/21/20 | 1:00 – 2:30 pm

FEE: \$200

Location: The Longfellow Club

Tennis-Doubles Strategy

#21549

Sec. A: Mondays 9/14/20-10/19/20 | 1:00–2:30 pm

FEE: \$200

Location: The Longfellow Club

Pickleball Introduction

#21542

Instructor: Mike Regan

Sec A: Wednesdays 9/23/20 – 10/21/20 | 5:00–7:00 pm

FEE: \$80

Location: Burchard Park Tennis Courts

Pickleball-Learn to Play

#21543

Instructor: Mike Regan

Sec A: Thursdays 9/24/20 – 10/22/20 | 5:00–7:00 pm

FEE: \$80

Location: Burchard Park Tennis Courts



Adult Programs

Adult Archery

#21550

Instructor: On the Mark Archery

Sec.A: Mondays, 9/21/20 -10/26/20 | 5:15–6:15pm

FEE: \$275

Location: Field School Field

Strengthen, Stretch, & Cardio w/ Joni

#21541

Instructor: Joni Lebov

Sec. A: Thursdays, 9/17/20-11/19/20 | 9:00–10:00am

FEE: \$110

Location: Virtual Online

Golf Lessons

#21544

Instructor: Wayland CC Pro

Sec A: Thursdays 9/17/20–10/15/20 |1:00–2:15 pm

FEE: \$175

Location: Wayland Country Club, Route 27

Total Fitness with Kathy

#21540

Instructor: Kathy Langenberg

Sec A: Wednesdays & Fridays | 9/16/20 – 11/25/20

9:00–10:00 am

NO CLASS NOVEMBER 11, 2020

FEE: \$175

Yoga

#21551

Instructor: Peter Kelly

Sec. A: Tuesdays 9/29/20-11/24/20 | 9:00-10:00am

Location: Virtual Online

FEE: \$230

